

# Grandparents' rights

## Contact with grandchildren checklist

If you feel like you are being denied contact with your grandchildren and are considering legal advice, please use this checklist to help provide evidence of the role or roles you play in the lives of your grandchildren. This will be instrumental in helping your solicitor put together evidence to help you resume or maintain existing contact with your grandchildren.



If the type of contact varies by grandchild, it might be helpful to complete a separate checklist per child.

**Are you currently still able to see your grandchild/grandchildren?** \_\_\_\_\_

**If not, when was the last time you saw them?** Date: \_\_\_\_\_

**What do or did you consider to be normal contact with your grandchild/grandchildren?**

- They live with me  I see them daily  Several times a week  Once a week  Several times a month  Once a month  
 Other: \_\_\_\_\_

**For how many hours do you see your grandchild/grandchildren on each occasion?**

- It varies  For less than a hour  1-2 hours each time  3-5 hours  More than 5 hours  Overnight  N/A - they live with me  
 Other: \_\_\_\_\_

**What activities are usually involved when you see your grandchild/grandchildren?**

- Providing meals  Washing/cleaning for them  Homework/school work support  Taking to or picking up from school  
 Driving them to activities  Emotional / Mental health support  Medical support  Other: \_\_\_\_\_

**Do you or have you spent larger blocks of time with your grandchild/grandchildren on other occasions?** If applicable

- I take them on holiday  I look after them during school holidays  I provide emergency childcare at other times  Other

**Over the course of a year, how often would you expect to see your grandchild/grandchildren in these larger blocks of time?**

- Once or twice  3-5 times  6-10 times  10 times or more

**Do you or have you supported your grandchild/grandchildren in any of the following ways?**

- With doctor/hospital appointments  With social worker appointments  Attending nursery or school parent/teacher evenings  
 Attending key events such as sports matches, concerts, school plays etc.

**Do you support your grandchild/grandchildren financially? If yes - what items do you pay for?**

Consider items such as school uniform, school fees, clubs/activities, holidays, pocket money, savings, substantial items (bicycle, computer etc.) day-to-day expenses (books, toiletries, smaller toys etc.)

State: \_\_\_\_\_

**Is there anything else in regard to the contact you have with your grandchild/grandchildren that you think is relevant?**

State: \_\_\_\_\_